

Feeding Community Health



"The heart of a volunteer is never measured in size, but by the depth of the commitment to make a difference in the lives of others." *DeAnn Hollis* 



# VOLUNTEER NEWSLETTER FALL 2019 *"Features of Fall"*



"You make a living by what you get. You make a life by what you give"- Winston Churchill. Welcome fall! Are these your features of fall? Crisp mornings! Sweaters! Falling leaves! Apple picking! Pumpkin carving! Candy corn! Here at Dutchess Outreach, these are our features of fall! Collecting, providing & preparing FOOD! Collecting, sorting & giving away COATS! Donating SOCKS! Serving HOT MEALS! We are thankful to ALL of our volunteers for consistently giving of themselves to assist others. Thanks to you all for making our features of fall a success. Nyhisha T. Gibbs, Volunteer Administrator

# Featuring Volunteer: Meet Rene Otero: A Labor of Love

Dutchess Outreach is grateful for the generous support from our dedicated volunteer, Mr. Rene

Since Otero. 2011. Rene Otero, with his cheerful smile, has volunteered in our community meals program, the Lunch Box, by completing various assigned tasks including unloading & sorting large food donations. serving food and cleaning tables and chairs. At our 2018 Volunteer



Recognition Reception, Mr. Otero was awarded the Life-Saver Award. We are lucky to have Mr. Otero, a true life-saver!

# A Valentine's Day Lunch Pagan/Tyler Family



On Valentine's Day 2019, the Pagan/Tyler Family spread love in our Lunch Box by providing a delicious hot meal to our attendees. The meal consisted of food from Nelly's Dominican Restaurant on Main Street in

Poughkeepsie. The Valentine's Day themed décor brought smiles and joy to all those who sought a meal. Thank you to the Pagan/Tyler Family for your thoughtfulness and generosity.

# Featuring Volunteer Groups: A Moment of Gratitude

At Dutchess Outreach, we have numerous dedicated volunteer groups. In this fall 2019 Newsletter, we are featuring several of these groups. Their unselfish, unwavering support &

commitment to us, here at Dutchess Outreach, Inc., is immeasurable. Mitzvah Day Fun

Numerous PJ Library families volunteered on



Mitzvah Day in our Lunch Box assisting with the meal. Families also created inspiring centerpiece decorations for each table.



**Friendly Honda Team** The Team joined us in our Lunch Box providing & preparing a delicious meal for those in need.

**Gayhead Elementary School** During our Spring Food Appeal, the faculty, staff, students and families collected non-perishable food to stock our shelves.



# Note from the Director

For me Fall brings– basketball. The great players have taught me a lot; like Bill Russell, arguably one of the best that ever played. He was once asked "How would you stop Shaquille O'Neal? probably the most dominant ball-player he'd ever seen; an immovable force. "I couldn't stop Shaq" replied perhaps the greatest defender of all time. "But I could work with my teammates to prevent him from always having his way."

An immovable force, greater than any of us, like hunger and poverty, requires that we work as one against it. Thank you for joining our team! ~Brian Riddell, Executive Director

## **IBM Makes a Difference**

Annually, local IBM employees participate in their Friends and Family Day. The Day allows IBM employees to volunteer five (5) hours of their time at a



non-profit. Through the efforts of Nora Johnson, the IBM team joined Dutchess Outreach in our Urban Farm. We appreciate all of the help the team provided to us.

# SUNY-New Paltz Alternative Spring Break



Thank you to Helen Zhang & the SUNY New Paltz students who chose Dutchess Outreach as one of the agencies to volunteer for during their Spring Break.



#### Thank you! Girl Scout Troop 10448

Earlier this year, Girl Scout Troop 10448 and their Leader, Danielle Lopes, donated several boxes of delicious Girl Scout cookies. In addition to

dropping off the cookies, the Troop received a tour of Dutchess Outreach and the programs we support. Special thanks to the Troop for thinking of Dutchess Outreach!

\*\*If you would like to receive this Newsletter via email, please email nyhisha@dutchessoutreach.org.\*\* www.dutchessoutreach.org 845-454-3792

## Volunteer Committee Partners w/the Thrivent Action Team



The Dutchess Outreach Volunteer Committee





and invited friends, in partnership with the

Thrivent Action Team, provided, prepared and served a full course dinner meal in our Lunch Box. Thanks for "Living Generously"!

#### **Roosevelt Volleyball** Special thanks to the Roosevelt HS Volleyball team for providing & preparing a delicious meal in our Lunch Box, several

times a year, annually.



# Episcopal Church of the Messiah (Rhinebeck)

Thanks to the **Episcopal Church of the Messiah (Rhinebeck)** for donating the proceeds of their 3<sup>rd</sup> Thursday Lunch, each February, to our Lunch Box.

#### **Penny Power**

Thanks to the **Spackenkill House School Penny Power Club** for their generous monetary donation of over \$1400.00!

#### **Farm Stand: Our Winter Location**



Every 3<sup>rd</sup> Friday, Dutchess Outreach continues to provide free produce to the community. During these

frigid winter months, our Farm Stand is being held INDOORS at The Poughkeepsie Trolley Barn (489 Main Street). We will be indoors starting on 11.15.19 and through the winter.



SDM Coat Drive October 1-31, 2019 Taste Against Hunger October 18, 2019 SDM Coat Sort November 9, 2019 SDM Giveaways November 12 & 13, 2019