



"We cannot change the outcome, but we can affect the journey." ~ Ann Richardson

VOLUNTEER NEWSLETTER SPRING 2019

"Spring into A.C.T.I.O.N."

"Be A Part of Something Bigger Than Yourself"- Author Unknown. Think spring! Then, spring into action! This Newsletter highlights some of the many volunteers (individuals and groups)/donors who spring into **A.C.T.I.O.N.** (**A**lways **C**ommitted to **I**mpacting **O**thers in **N**eed) generously, unselfishly and unexpectedly! To all of the volunteers (individuals and groups) and/or donors who continue to spring into **A.C.T.I.O.N.**, we thank and salute you! **Nyhisha T. Gibbs, Volunteer Administrator**

Grinnell Public Library Stocks Shelves w/Diapers and Wipes

Dutchess Outreach is grateful for the generous donations of a playpen, diapers and wipes from the Grinnell Public Library coordinated by Sylvia Burke. Grinnell Library credits the Wappingers Falls, NY patrons and community for their support.



The necessary donations included a total of 3,488 wipes, 53 training pants size 2T/3T and 204 training pants size 4T/5T, a playpen, 27 disposable bed mats and 2,756 diapers ranging from size newborn to size 6. We appreciate Grinnell Public Library, Library patrons and the Wappingers Falls community for their support!

Beekman Elementary School Donates Halloween Costumes

WANTED:



In October 2018, the ingenious students and staff at Beekman Elementary School hosted a Halloween Costume Drive. The student body collected over 100 new and/or gently used children's Halloween costumes. The costumes, bagged & labeled by size and type, were donated to Dutchess Outreach.

Volunteer Groups: A Moment of Gratitude

At Dutchess Outreach we have several dedicated volunteer groups. In this spring 2019 edition, we are spotlighting the following three groups: **Sunday Lunch Box, Evening Meal Lunch Box & Rehabilitation Schools.**



Special thanks to the following Sunday Lunch

Box groups: *Vassar Temple, Temple Beth-El, Sai Baba Temple, Grace Episcopal Church, Freedom Plains Church, Ronni Jarvis Family and Friends, St. Gregory's Church, The Bruderhof Community.*

Thanks to the following Evening Meal Lunch Box groups: *Bengall Methodist Church, Arlington Reformed Church, Calvary Chapel, St. Martin De Porres Catholic Church, Arlington Teachers Association, Vassar College Librarians, Marist Athletic Department, Buffalo Soldiers, Hindu Samaj/The Bruderhof Community, St. Martin de Porres Parish Youth Group, Long Family, Hyde Park United Methodist Church, Church of Christ Quaker Hill.*

Thank you to the following Rehabilitation Schools (current volunteer groups): *ARC, Anderson School, D.C. BOCES, Greystone, Keli House, Sunshine Homecare (Traumatic Brain Injury) and Taconic Innovations.*

thank you!

Note from the Director

For many commitment means just showing up; regularly and on time. And although as the sages say it's a great part of success; seventy or eighty percent depending, it takes more to be committed to a cause – like the mission of Dutchess Outreach.

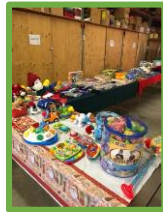
It's more spiritual than ritual. Many of you bound by faith, others, their hearts' devotion, together make a difference in the lives of so many. Thank you for that level of commitment.

~Brian Riddell, Executive Director

Acts of Kindness (AOK) an Inspired Tradition



Acts of Kindness hosts a Holiday Gift Day each year a couple of weeks before Christmas. The Day allows agencies to provide holiday gift items for their clients and families that would otherwise go without. The Trinity United Methodist Church (LaGrangeville) puts together wrapped Christmas shoeboxes filled with small gifts labeled by gender and appropriate age. In addition to the shoeboxes, the AOK volunteers buy a wide range of small gifts that are unwrapped which the agency representatives can choose for their families.



Drives, Drives & more Drives

Our 2019 Spring Food Appeal will begin in April 2019. Through our Spring Food Appeal we seek to replenish our shelves with much needed items. Please consider hosting a non-perishable food, personal hygiene, cereal, diaper & wipes and/or adult socks drives to benefit Dutchess Outreach. Contact us to donate the items collected during the drive you host!

****If you would like to receive this Newsletter via email, please email nyhisha@dutchessoutreach.org.****

www.dutchessoutreach.org 845-454-3792

“FUN”raiser benefits Dutchess Outreach

Wood Paint Workshop Fundraiser for:
Dutchess Outreach
Thursday March 21, 6-9pm
@Raymour and Flanigan Outlet Center
757 Vassar rd, Poughkeepsie

**Pick your project and design
We offer custom designs too
All instruction and materials provided**

Choose from:

- 18" Round Sign/Tray
\$55/\$60 (\$15 gets donated)
- 18x18 Faux Shiplap sign
\$55 (\$15 gets donated)
- 12x12 sign
\$40 (\$10 gets donated)
- 12x12 sign with a frame
\$45 (\$10 gets donated)

Hosted by: **GREEN RIDGE WOODWORKS**

sign up @ www.greenridgewoodworks.com/workshops
call 845-242-6385 if you have any questions

Come join us on Thursday, March 21, 2019 from 6 PM– 9 PM for our Stencil & Sip Fundraiser, sponsored by Raymour & Flanigan, to benefit Dutchess Outreach. The fundraiser will be held at the Raymour & Flanigan Outlet Center. Visit <https://www.greenridgewoodworks.com/product-page/thursday-march-21-6-00pm-dutchess-outreach-fundraiser> to register.

Filling in the Gap

Thanks to the Ladies Philoptochos Society of the Kimisis Greek Orthodox Church for filling in the gap with their generous monetary & food donations to our Lunch Box four times each year.

Farm Stand: Our Winter Location



Every 3rd Friday, Dutchess Outreach continues to provide free food to the community. During these frigid winter

months, our Farm Stand is being held at the Poughkeepsie Trolley Barn (489 Main Street). We are thankful for the generosity of Roy T. Budnik who was instrumental in allowing us to utilize the space. **NOTE:** We will be indoors on March 15 and April 19, 2019. In May 2019, we will return to our outdoor location (corner of N. Hamilton Street & the westbound arterial).



Stencil & Sip March 21, 2019
Postal Workers' Food Sort May 11, 2019
Spring Food Appeal April – May 2019